



Barriers and Facilitators to Child and Adult Care Food Program Access in Hispanic-Majority
Communities and in Home-based Child Care Settings
Informed Consent for Home-based Child Care Provider Focus Groups
Version 1, 02.02.21

Researchers Hailey Heinz and Dana Bell, from the University of New Mexico Cradle to Career Policy Institute (UNM CCPI), are conducting a research project. The purpose of the research is to better understand how the CACFP program is working for providers and children, and what could be improved. You are being asked to participate because you are a home-based provider in the state of New Mexico.

Your participation will involve participating in a small group discussion led by a researcher. The focus group should take about 40-90 minutes to complete. The focus group will be audio recorded if all participants consent to recording, and otherwise will be recorded through notetaking. You will receive a \$20 gift card as compensation for your time. The focus group includes questions such as your perceptions of whether CACFP is an easy program to use, what kinds of sponsor supports you have used, and what has guided your decisions about whether or not to enroll in CACFP. If you have never used CACFP, we will ask about that decision. Your involvement in the research is voluntary, and you may choose not to participate. You can refuse to answer any of the questions at any time. Any names or identifying information associated with your responses will be recorded in a separate document that will be stored on a secure drive and destroyed when the study is completed. There are no known risks in this research, but some individuals may experience discomfort or loss of privacy when answering questions.

The information you provide will be password-protected and stored on a secure drive. This data will be accessed only by research team members on encrypted computers. At the end of the project period, project data will be securely maintained for three years and then destroyed. Your information collected for this project will NOT be used or shared for future research, even if we remove the identifiable information like your name.

The findings from this project will provide information on ways to improve nutrition supports for low-income families with young children, and identify policies that work and/or are challenging for home-based care providers. Research findings will be collected and reported in summary form. Direct quotations from participants may be used in reporting, but will never be associated with names or identifiable places.

If you have any questions, concerns, or complaints about the research, please do not hesitate to call Hailey Heinz at 505-554-8821 or send an email to hailey57@unm.edu. If you have questions regarding your rights as a research participant, or about what you should do in case of any harm to you, or if you want to obtain information or offer input, please contact the UNM Office of the IRB (OIRB) at (505) 277-2644 or irb.unm.edu.

By giving your verbal consent, you will be agreeing to participate in the above described research.